



Ai Matsui

will improvise the ancient singing bowl music by sensing the group energy.
Facebook on :
Ishita , Love and Life

*“Miracle happens in an instant while
Healing progresses over time...”*

Yoga and Sound Therapy work on not only physical body but also the subtle one. Each of us does sense something deep happening within in the flow of senses, sounds and serenity.

Melinda (Yun-Yun)

will lead gentle & thoughtful guidance on Yoga poses, breathing and meditation.
Facebook on:
Yun.Yoga.Portrait



SENSES, SOUNDS & SERENITY



In the flow of Yoga,
tuning our energy and brainwaves to
synchronise with harmonic vibration
of Himalayan Singing Bowls.

This class will be soulful, thematic
and flowing...

It's time to reconnect with your inner
senses and serenity!

TIME

10am ~12pm. every Saturday

(Opening Trial on 24&25 Sept.Regular Class from 8 Oct onward)

LOCATION

Yuti Studio, 6/F, Unit B, Tsang Cheung House, 444-446 Nathan
Road, Yau Ma Tei, Kowloon (YMT MTR Exit C)

10AM ~12PM, 24 &25 SEPT
OPENING TRIAL



Trial offering Only 250HKD per person

Please contact Ai on 92183600 or Melinda
on 92275963 for inquiry & booking!

Advance payment required

Hang Seng Bank 394-024152-001 (MATSUI AI)
Bank of China 012-792-1-028830-0(JUANG YUN YUN)

